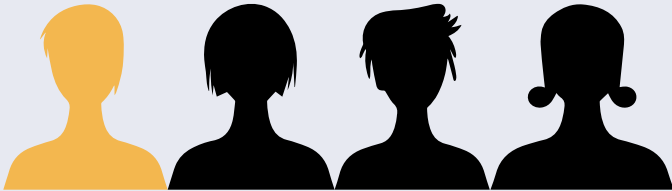


Use of preferred contraceptive method in the U.S.

1 in 4

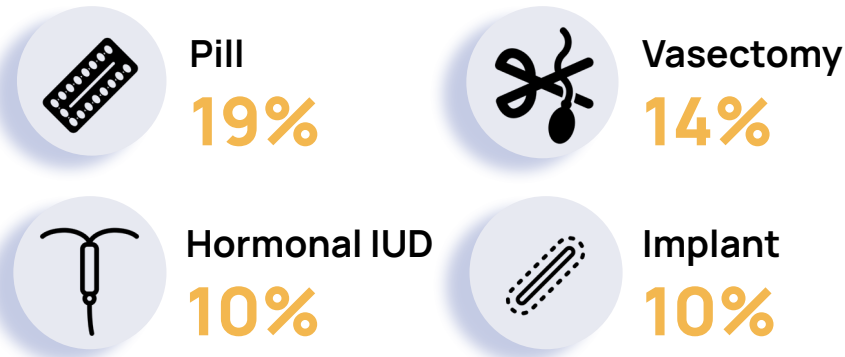
current and prospective contraceptive users in the United States are **not using their preferred contraceptive method**, according to a nationally representative survey.



This translates to more than 8 million people.

Most desired contraceptive methods

(among survey respondents not using their preferred method)



Top reasons for not using their preferred contraceptive method

1. Concerns about side effects
2. Sex-related reasons, including impact on pleasure or infrequent sex
3. Logistics and knowledge barriers
4. Safety concerns
5. Cost-related reasons

47% of survey respondents selected more than one reason

Who did we survey?

Current users: Survey respondents who were using any contraceptive method for pregnancy or sexually transmitted infection prevention.

Prospective users: Survey respondents who were not using contraception but indicated there is a method they would like to use.

Those using their preferred method of contraception were more likely to:



Report they had enough information to decide on the best contraception for them



Be confident that they could obtain their desired contraception



Have received person-centered contraceptive counseling*



Have **not** experienced discrimination in a family planning setting*

*Among those who reported discussing contraception with a health care provider